

Date: November 6, 2021 (Saturday – New Date)

Time: 9:00 a.m. to 3:30 p.m.

Host School: Utah Valley University, UVU Culinary Arts Institute

Location: 661 East Timpanogos Parkway,

Building L Canyon Park Tech Center, Orem, UT 84097

Instructors: Chefs Diana Fallis, CEPC and Meghan Roddy, CEPC

Topic: Classic Cakes and Tortes - Modern dessert presentations of classic cakes

Objectives:

Understand current plating techniques and trends in fine dining establishments

- Learn how to change familiar and classic items into multiple components while still keeping the classic flavor profile
- Gain a better understanding of the execution of basic pastry techniques as used in commercial establishments

Agenda:

9:00 a.m. – 9:35 a.m. Lecture and overview of day, including bakeshop tour

9:40 a.m. – 12:40 p.m. Production of items for 2 desserts (recipes will be scaled

ahead of time to ease time flow)

12:45 p.m. – 1:30 p.m. Lunch

1:35 p.m. – 3:00 p.m. Continuation of dessert production and plating of items

3:00 p.m. – 3:30 p.m. Recap of day

Instructors Bio



Diana Fallis C.E.P.C. Chef Instructor / Associate Professor

- AAS in Culinary Arts from UVU
- · Attended first culinary class offered at UVSC
- ACF Certified Executive Pastry Chef
- Chef/Pastry Chef since 1991
- 7 Gold Medals from the American Culinary Federation
- 1st place in the ACF Beehive Triple Crown in 2003 and 2004
- Outstanding Educator of the Year, UVU, 2004/2005
- ACF Western Regional Pastry Chef of the Year 2018
- 4 National Champions, Commercial Baking, Skills USA
- Assistant Pastry Chef at Stein Erickson's Lodge
- Chef/Owner of Station Café
- Corporate Pastry Chef for seven restaurants for the Epicurious Group
- Executive Pastry Chef at Little America, Provo Marriott and Thanksgiving Point



Meghan Roddy C.E.P.C. Chef Instructor / Assistant Professor

- BS in Hotel, Restaurant, and Institutional Management from the University of Delaware
- AOS in Baking and Pastry Arts from The Culinary Institute of America
- Study abroad in Chur, Switzerland while attending University of Delaware
- Internship in Zug, Switzerland at Nelson Pub
- Pastry Chef at Frasca Food and Wine in Boulder, Colorado with James Beard award winning Chef Lachlan MacKinnon-Patterson
- Pastry Chef at Sundance Resort in Sundance, Utah
- Member of the Bread Baker's Guild of America
- Certified Executive Pastry Chef (CEPC) with the ACF
- Recipient of UVU College of Engineering and Technology's Service Award 2020
- UVU Knowledge Bowl team coach:
 - o 2016 National Champions, Gold medal
 - o 2017 2nd place national finish, Gold medal
 - 2018 National Champions, Gold medal
 - o 2019 3rd place national finish, Silver medal

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